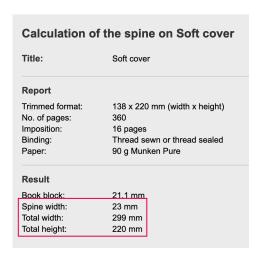
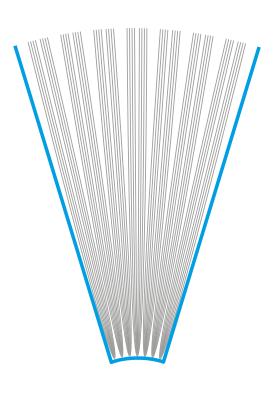
- how to set up documents using Narayana's calculations

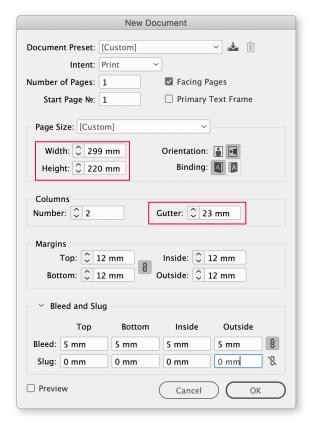
Calculation of cover

This guide will show you how to create a soft cover based on Narayana's spine width calculation service, and provide tips for the setup.

This example of a cover report is made for a book of 360 pages in the format 138×220 mm. The highlighted measurements are used to create a document in the correct size.







InDesign document

Choose File > New > Document, and fill out as shown, using the values from the actual cover calculation like this:

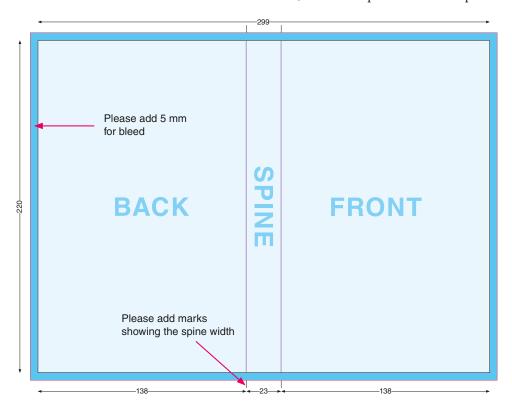
Width = Total width

Height = Total height

Gutter = Spine width

All margins can be set freely as you prefer.

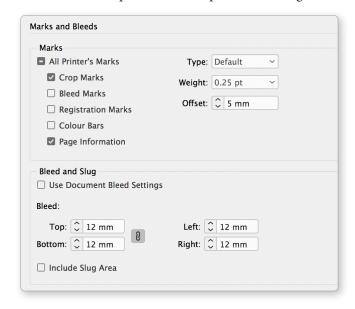
The result will be a document similar to this sketch, where the spine width corresponds to Column Gutter.



The light blue area shows the trimmed format of the book, and the darker blue area shows bleed. Please note that the motif should cover the entire area.

All cutting marks are added automatically during PDF export. Please add marks showing the spine width, preferably in Registration Color.

PDF should be exported with Crop Marks and Page Information at a distance of 5 mm, and 12 mm Bleed.



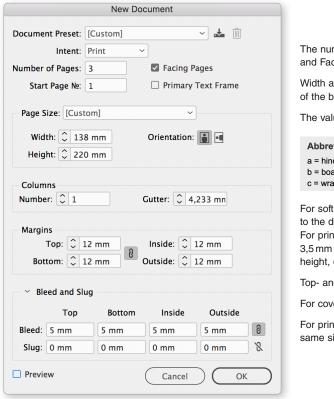
Narayana Press PDF Export Options can be downloaded here.

- alternative method with flexible spine and flap widths

Setting up covers with flexible widths

This guide will show you how to create covers using several pages instead of one, making it easy to change the spine and flap widths without affecting the front and back.

Choose File > New > Document, and fill out like this:



The number of pages should be 3 (or 5 in case of flaps), and Facing Pages should be turned on.

Width and Height should correspond to the trimmed format of the book, including allowance for hinch and board, if any.

The values can be seen in the report, under Abbreviations:

Abbreviations
a = hinch (1 mm)
b = board allowance (2.5 mm)
c = wraps (18 mm)

For soft covers with flaps, you will need to add about 2 mm to the document width.

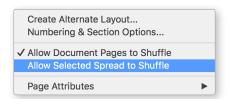
For printed paper case covers, you will need to add about 3,5 mm to the document width, and 5 mm to the document height, depending on board thickness and spine type.

Top- and bottom margins can be set freely as you prefer.

For covers without wraps, use 5 mm Bleed.

For printed paper case covers, set Bleed to the same size as the wraps, about 18 mm.

Open the Pages panel, select all pages, and deactivate Allow Selected Spread to Shuffle.



Drag the first page to the right, until it joins page 2. For soft covers with flaps, all five pages should be joined.

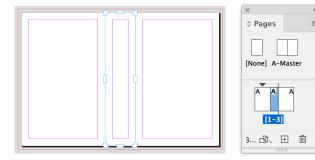


- alternative method with flexible spine and flap widths

Make sure that the Reference Point is in the middle. Select page 2, which will be the spine, using the Page Tool . Insert the spine width:

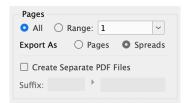


The result will look like this:

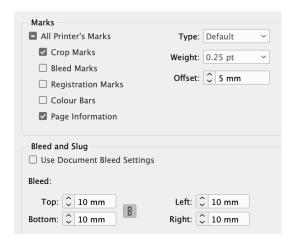


Use the same method to change the widths of the flaps, if any.

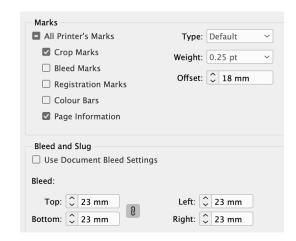
PDF must be exported as *Spreads*. All marks will be generated automatically.



All covers without wraps are exported with Crop Marks and Page Information, Offset 5 mm and Bleed 10 mm.



Printed paper case covers are exported with Crop Marks and Page Information, Offset 18 mm and Bleed 23 mm.



TIP

If you need a JPG or PDF of the cropped front page, just export this one page, without *Bleed*.